

BASKETBALL, NUTRITION, CROSS TRAINING CAMP

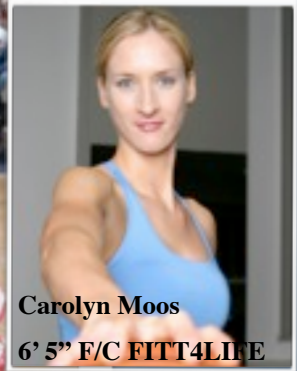
FEATURING

NBA NJ Nets Kris Humphries & Carolyn Moos FITT4Life.org

KRIS HUMPHRIES 6' 9" F NBA - HOPKINS STAR



2010



Carolyn Moos

6' 5" F/C FITT4LIFE

LOCATION:

JCC: 4330 Cedar Lake Road South Minneapolis, MN 55416-3700
JCC Elisabeth (952) 381-3438

DATE & TIME

August 2 - 6th 2010 | Mon - Thurs 9AM-3PM and Fri 9AM-12noon
JCC Day care available upon request! Call JCC to arrange! Camp
Schedule online.

CONTACT INFO

Carolyn Moos | c.moos@stanfordalumni.org | (310) 600 - 3320
Josh Ketroser | jketros@gmail.com

CAMP HIGHLIGHTS

Camps are co-ed ages 6-18, campers receive NIKE T-Shirt, full
week of skills, nutrition, cross-training from two USA Basketball -
PROFESSIONAL ATHLETES, NBA gear, photos signed by various
NBA players and a chance to win tickets to see Kris play against the
Timberwolves!

CAMP FEES

\$235 or \$275 with lunch. Pack snacks too and **REGISTER** online
today!

(JCC Members \$185)



Register Online

www.krishumphries.com - www.carolynmoos.com - www.fitt4life.org

Guest Speakers Include Past and Present NBA Players