

EVENT

Mother's Day Retreat: Taking Care

LOEWS LAKE LAS VEGAS RESORT

# RELEASE... RELAX... REJUVENATE

Submerge yourself in a Wellness Retreat at the beautiful Loews Lake Las Vegas Resort for Mother's Day weekend, May 10-13<sup>th</sup>

Healing correctives and science-based programs that will aid in general wellness, or chronic pain and muscular ailments.

Creative, themed, midday meals that are stylish and delicious.

A Healthy morning breakfast - the perfect way to start a wellness day!

Female retreat staff of elite, highly - sought wellness practitioners, including:

- ★ Katy Santiago, MS - Creator of Restorative Exercise for fluid movement.
- ★ Brook Montagna, MS - Brook's Mindful Life Coaching develops focus, awareness, acceptance, peace and joy.
- ★ Dorit Brauer - Crystal Quartz Bowl Mediations and Guided Imagery.

PHONE

805.652.7024

DATE

MAY 10-13, 2007

PACKAGES  
STARTING AS  
LOW AS \$1600\*

*Special rates for Henderson and  
Lake Las Vegas Residents*

[www.retreatsofcalifornia.com](http://www.retreatsofcalifornia.com)



LOEWS  
LAKE LAS VEGAS RESORT  
NEVADA

WELLNESS  RETREATS  
OF CALIFORNIA

\* RESTRICTIONS APPLY